## 24 Hour Clock

The 24-hour clock is a way of telling the time in which the day runs from midnight to midnight and is divided into 24 hours, numbered from 0 to 23.

The 12 Hour Clock, or AM/PM, the day is split into the 12 Hours from Midnight to Noon (the AM hours) and the other 12 Hours from Noon to Midnight (the PM hours). See below for a side-by-side comparison of the $\mathbf{2 4}$ Hour Clock and the $\mathbf{1 2}$ Hour Clock.

| 24-hour clock | 12-hour clock |
| :---: | :---: |
| $00: 00$ | $12: 00$ midnight |
| $01: 00$ | $1: 00$ a.m. |
| $02: 00$ | $2: 00$ a.m. |
| $03: 00$ | $3: 00$ a.m. |
| $04: 00$ | $4: 00$ a.m. |
| $05: 00$ | 5:00 a.m. |
| $06: 00$ | $6: 00$ a.m. |
| $07: 00$ | $7: 00$ a.m. |
| $08: 00$ | $8: 00$ a.m. |
| $09: 00$ | $9: 00$ a.m. |
| $10: 00$ | $10: 00$ a.m. |
| $11: 00$ | $11: 00$ a.m. |
| $12: 00$ | $12: 00$ noon |


| 24 -hour clock | 12-hour clock |
| :---: | :---: |
| $13: 00$ | $1: 00$ p.m. |
| $14: 00$ | $2: 00$ p.m. |
| $15: 00$ | $3: 00$ p.m. |
| $16: 00$ | $4: 00$ p.m. |
| $17: 00$ | $5: 00$ p.m. |
| $18: 00$ | $6: 00$ p.m. |
| $19: 00$ | $7: 00$ p.m. |
| $20: 00$ | $8: 00$ p.m. |
| $21: 00$ | $9: 00$ p.m. |
| $22: 00$ | $10: 00$ p.m. |
| $23: 00$ | $11: 00$ p.m. |
| $24: 00$ | $12: 00$ midnight |

## Example 1

What is the equivalent of 10:00 a.m. on the $\mathbf{2 4}$-hour clock?

## - Explanation

In the $\mathbf{2 4}$ hour clock, AM. or morning time is the same as the $\mathbf{1 2}$ hour clock, with the exception from $\mathbf{1 2}$ Midnight to 12:59 AM. which is 00:00 to 00:59 hours.

## Example 2

What is the equivalent of 5:00 p.m. on the 24 -hour clock?
Explanation

Simply add 12 to given PM. or afternoon time, except from 12:00 Noon to 12:59 PM.:
$5+12=17$.

Therefore, the answer is 17:00.

## Example 3

What is the equivalent of 09:00 hour on the 12-hour clock?

- Explanation

From 1:00 AM. to 12:00 noon, simply add the AM. designation. However from 00:00 to 00:59 hours, they convert to 12:00 Midnight to 12:59 AM.

Therefore, the answer is 9:00 AM.

## Example 4

What is the equivalent of 22:00 hour on the 12-hour clock?

## Explanation

Simply subtract 12 from the given hour if the hour falls between 13:00 to 24:00 hours.

Therefore 22 - 12 = 10 PM. is the answer.

